

Lesson # 10: The Goal of the Divorced Fathers Network

**Divorced Fathers Network
Advocates Of Shared Parenting
'Because Children Love Both Their Parents'**

What is our Goal?

What we are trying to do here is change our way of thinking, reacting and behaving in order to work towards and maintain a more amicable relationship with our children's mother or father. Our goal is to create a positive win-win situation for the good of our children and the entire family.

Try not to engage in emotionally charged conversation without being prepared both emotionally and psychologically. Because damage that may occur early on will only make it that much more difficult to build a good foundation for communication in the future and what we are trying to do is to avoid making things any worse for everyone.

“Those who are committed to creating a co-parenting relationship must move past the defensive, angry father's or mother's point of view. Men and women who are successful in doing so learn to look at the larger picture realizing that their case will not be won or lost on any given day.”*

*from "Fathers Are Forever" by Steven Ashley, 2006

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